

## Sudan High School Lunch Menu

Fruit and vegetables offered daily.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Beef Nachos Turkey Deli Sub Sandwich Spiced Pinto Beans Celery Sticks Mixed Fruit Fresh Grapes Choice of Milk	Orange Chicken Seasoned Brown Rice Crispy Chicken Sandwich Steamed Carrots Cucumber Slices Pineapple Tidbits Fresh Grapes Choice of Milk	Corn Dog Classic Cheeseburger French Fries Celery Sticks Applesauce Fresh Grapes Choice of Milk	Cheese Bosco Sticks Marinara Sauce Homemade Sausage Pizza Steamed Peas Cucumber Slices Diced Peaches Fresh Grapes Choice of Milk
7	8	9	10	11
Chilidog Crispy Chicken Nuggets Dinner Roll French Fries Baby Carrots Diced Peaches Fresh Banana Choice of Milk	Rolled Beef Enchiladas Beef Tacos Spiced Pinto Beans Red Pepper Strips Mixed Fruit Fresh Banana Choice of Milk	Cheese Bosco Sticks Marinara Sauce Crispy Chicken Sandwich Sweet Potato Tots Baby Carrots Pineapple Tidbits Fresh Banana Choice of Milk	Lasagna Garlic Breadstick Classic Cheeseburger Roasted Broccoli Red Pepper Strips Applesauce Fresh Banana Choice of Milk	Italian Pasta Bake Garlic Toast Homemade Cheese Pizza California Blend Vegetable Baby Carrots Sliced Pears Fresh Banana Choice of Milk
14	15	16	17	18 No School
Grilled Ham & Cheese Sandwich Crispy Chicken Nuggets Dinner Roll Potato Wedges Cucumber Slices Diced Peaches Fresh Pear Choice of Milk	Bean & Cheese Burrito Beef Nachos Spiced Pinto Beans Celery Sticks Mixed Fruit Fresh Pear Choice of Milk	Spaghetti w/ Meatsauce Crispy Chicken Sandwich Roasted Carrots Cucumber Slices Diced Pears Fresh Pear Choice of Milk	Cheese Bosco Sticks Marinara Sauce Classic Cheeseburger Steamed Corn Baby Carrots Pineapple Tidbits Fresh Pear Choice of Milk	
21	22	23	24	25
Creamy Chicken Spaghetti Garlic Breadstick Crispy Chicken Nuggets Dinner Roll Steamed Green Beans Red Pepper Strips Diced Peaches Fresh Grapes Choice of Milk	Chicken Fajitas Quesadilla Beef Tacos Refried Beans Baby Carrots Mixed Fruit Fresh Grapes Choice of Milk	Chicken Makhani w/ Rice Crispy Chicken Sandwich Roasted Corn Red Pepper Strips Pineapple Tidbits Fresh Grapes Choice of Milk	Hot Turkey & Cheese Sandwich Classic Cheeseburger French Fries Baby Carrots Applesauce Fresh Grapes Choice of Milk	Cheese Sticks Marinara Sauce Homemade Pepperoni Pizza Roasted Broccoli Red Pepper Strips Diced Pears Fresh Grapes Choice of Milk
28	29	30	1	
Hawaiian Ham Sliders Crispy Chicken Nuggets Dinner Roll Sweet Potato Tots Cucumber Slices Diced Peaches Fresh Banana Choice of Milk	Com Dog Beef Nachos Spiced Pinto Beans Celery Sticks Mixed Fruit Fresh Banana Choice of Milk	Popcorn Chicken Dinner Roll Crispy Chicken Sandwich Mashed Potatoes Gravy Cucumber Slices Pineapple Tidbits Fresh Banana Choice of Milk		
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Student Adult Extra Milk Free \$4.40 \$.75

Choice of Milk: 1% White or Chocolate For questions please contact: Tonya Draper- Food Service Director tonyadraper@sudanisd.net

Entrée Salads served with a grain.







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